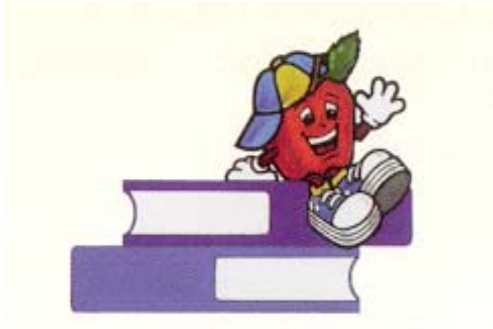


## GOALS AND PURPOSE OF THE NUTRITION SERVICES DEPARTMENT

Our mission is to serve our students attractive nutritious meals, prepared under sanitary conditions and in pleasant surroundings, at the lowest price possible and to the greatest number of students. In this way we hope to contribute not only to their nutritional needs, but also to the educational requirements of our students, by making them aware of the healthful benefits of well-balanced meals and good eating habits.



The MVUSD Board of Education believes:

1. Foods available on school premises should contribute to the nutritional well-being of students.
2. Foods available are to be considered as carefully as other educational support materials.
3. Foods should be prepared in ways which will appeal to students while retaining nutritive quality.
4. Foods should be served in quantities appropriate to the needs of students at their age level.
5. Foods should be served and consumed in a pleasant and relaxed atmosphere.

The USDA prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, marital or family status. Persons who require alternative means for communication of program information should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint, write: USDA, Office of Civil Rights, Room 326-Whitten Building-SW - Washington, DC 20250

ELEMENTARY SCHOOLS

Nutrition Matters



*“Nutrition is Our Business”*

**Nutrition Services Department**

Business Services Division  
Moreno Valley Unified School District  
(951) 571-7500 extension 17267  
Fax (951) 571-7567  
E-mail address: [lhayes@mvusd.net](mailto:lhayes@mvusd.net)  
Website: [www.mvusd.net](http://www.mvusd.net)

Good nutrition is vital to good learning. Our primary goal is to select and provide nutritious, good tasting food choices for our students. Seasonal cycle menus are computer analyzed to ensure they provide healthful amounts of total calories, vitamins A & C, calcium, iron, fiber, cholesterol, and saturated fat. Calories from fat on all school menus do not exceed 30% as averaged on a weekly basis. Our meals are planned to meet the USDA Dietary Guidelines for specific age/grade groups.

We strongly encourage you to visit our Food & Nutrition website @ [www.mvUSD.net](http://www.mvUSD.net). This site is comprehensive and focused on Nutrition and Fitness, which includes Nutrition specific educational materials and tools.

### BREAKFAST

\$1.00 STUDENTS

Breakfast is served prior to the start of school. Milk, fruit and cold cereal is offered every day. An alternative entrée such as a sausage patty on a bun, breakfast breads or yogurt is also offered.

### LUNCH

\$1.75 STUDENTS

Lunch is served daily with a choice of entrée at each school site. Two hot entrees, chef salad, a variety of meat sandwiches, peanut butter and jelly sandwich, and yogurt are typically offered. Sides include fruits, vegetables and milk choices.

### FREE & REDUCED LUNCH PROGRAM

Eligible students receive meals at no charge if the household income complies with guidelines set by the USDA for the National School Lunch and Breakfast Programs. **One application per family is needed each year.** Submit applications to Nutrition Services Department located at the Community Education Center, 25634 Alessandro Blvd. Applications may also be obtained at school cafeteria or registration center. Please contact the Nutrition Services Office at (951) 571-7500, extension 17269 for further information.



**mySchoolBucks.com** is a fast and simple online payment center and more!

\*\*Pay for your child's meals online.

\*\*Set up automatic e-mail reminders to tell you when a payment is needed.

\*\*Make payments for all your children, even if they attend different schools within the district.

\*\*Funds available to students 24-hours after deposit

\*\*View your child's cafeteria purchases

### HOW TO PREPAY FOR MEALS

A check or cash may be sent with your child to the cafeteria. Please place money in a sealed envelope. Write the following on the outside of the envelope:



**STUDENT'S NAME/FIRST AND LAST  
GRADE OR ROOM NUMBER**

You pay **ONLY** for meals your child eats. Accounts will not be charged until your child eats a meal. Activity reports are available upon request from the cafeteria. Money deposited into a student's account may be used only for complete meals.

If a child's account is short of money and they do not bring a lunch to school, a complete meal will be provided up to three times on credit. If the account remains unpaid, the student will then be served only a fruit or vegetable with milk. A request for payment will be sent home with your child on the day of service. Any meals that have been provided on credit will be deducted first when a payment is received for prepaid meals.

Money left in a student's account at the end of the year may be used for the following school year. Refunds are available upon written request. Your cafeteria manager has the appropriate forms. Your child is encouraged to participate in the breakfast and lunch programs daily. We invite you to use our prepay system through the Advance Purchase Program.

### PAYMENT BY CHECK

Please make checks payable to MVUSD NUTRITION SERVICES. Be sure to clearly write your child's full name on the check. A FEE will be charged for all returned checks.

### COMPUTERIZED MEAL SERVICE

Since the student is required to give their name to the cashier, please have your child practice saying his or her name out loud. The student must also know their class or their teacher's name. The cashier provides a printout of each class with all the children's names and a corresponding barcode. Once the cashier scans your child's name the account appears on the computer. This process is quick and efficient.

### INTRA-DISTRICT TRANSFERS

Your student account may be transferred overnight to any other school site within MVUSD, when advanced notification is provided. Please inform the cashier ahead of time for processing your account.

### OUT OF DISTRICT TRANSFERS

Accounts and students eligibility cannot be transferred for new students from other districts. A new application is required and will be processed in a timely manner. Meals must be paid for until the application is processed.



**HEALTHY KIDS READY TO LEARN**